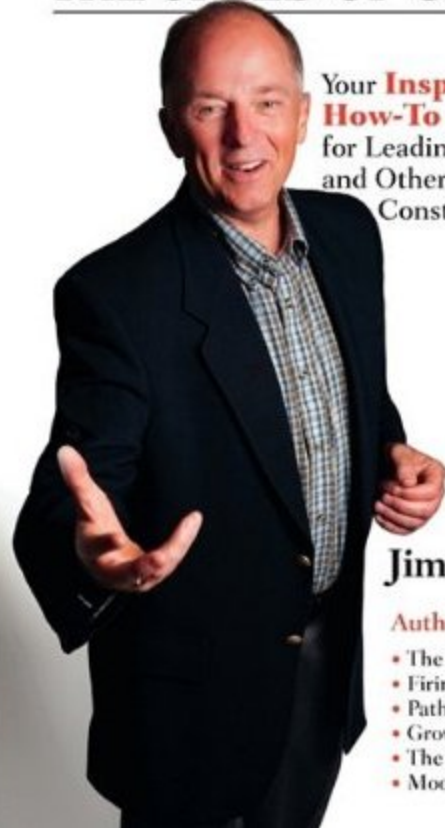


# Leadership Book Club

## GROWING @ THE SPEED OF CHANGE



Your **Inspir-actional**  
**How-To Guide**  
for Leading Yourself  
and Others through  
Constant Change

**Jim Clemmer**

**Author of:**

- The VIP Strategy
- Firing on All Cylinders
- Pathways to Performance
- Growing the Distance
- The Leader's Digest
- Moose on the Table

# Discussion Format

Host introduces book, why it was selected, and facilitates the session.

Participants respond in turn to a number of discussion points.

Host summarizes key points.

Next host and book is selected.

# Host Intro

Growing @ the Speed of Change selected as I've read all of Jim Clemmer's other books, and thoroughly enjoyed each.

I met Jim in person, interviewed him for my Master's thesis and attended his seminar.

Loved the format and the content of prior books and knew this book was similar.

# Host Intro

I attended a “Thriving in Tumultuous Times” webinar hosted by Jim and I’ll provide you with that link.

<http://www.jimclemmer.com/content/view/1166>

Finally, felt this book continued our journey as a leadership book club, extending concepts previously discussed. Lots more info on web.

# First Discussion Point

- ◆ Share 1 or 2 most significant “ah-ha” or “awe-haw” moments or things you experienced when reading this book.
- ◆ Order: Gerry, Lu, Karen, Margaret, Marion.

# Gerry: p. 126/7. Leadership Wheel

3 Questions at our leadership core:

Where are we going?

What do we believe in?

Why do we exist?

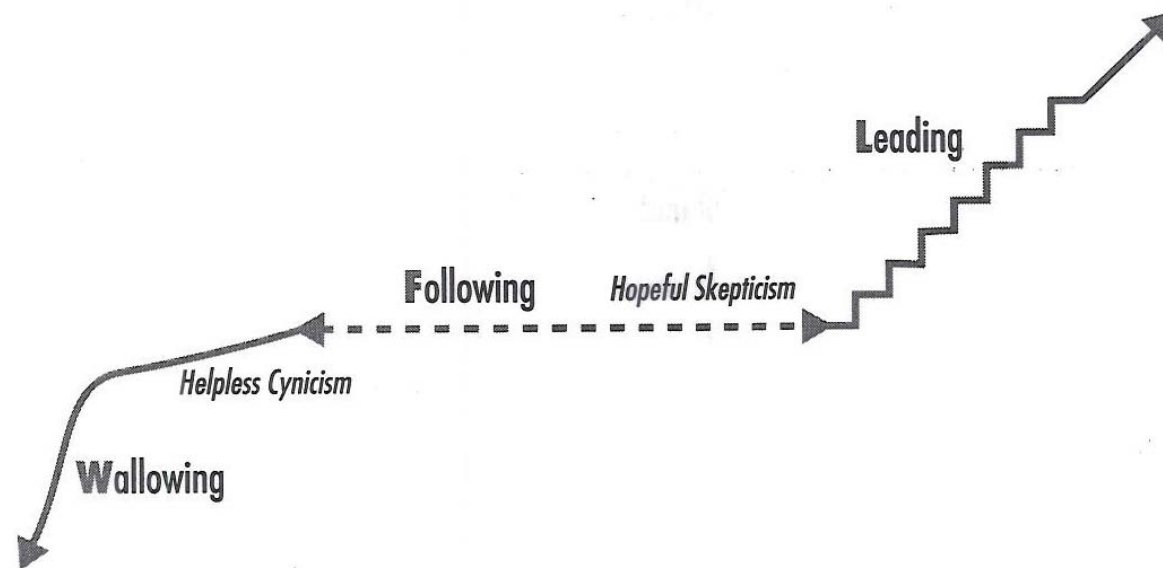


# Gerry: p. 61 – Lead, follow, wallow.

*From the depths of the swamp to the heights of success*

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## WFL MODEL: WHICH FRAMING LEVEL?



# Lu (and Mona): p. 44

## Emoto and Water Crystals



Water Molecule,  
Before Offering a Prayer



Water Molecule,  
After Offering a Prayer



Thank You



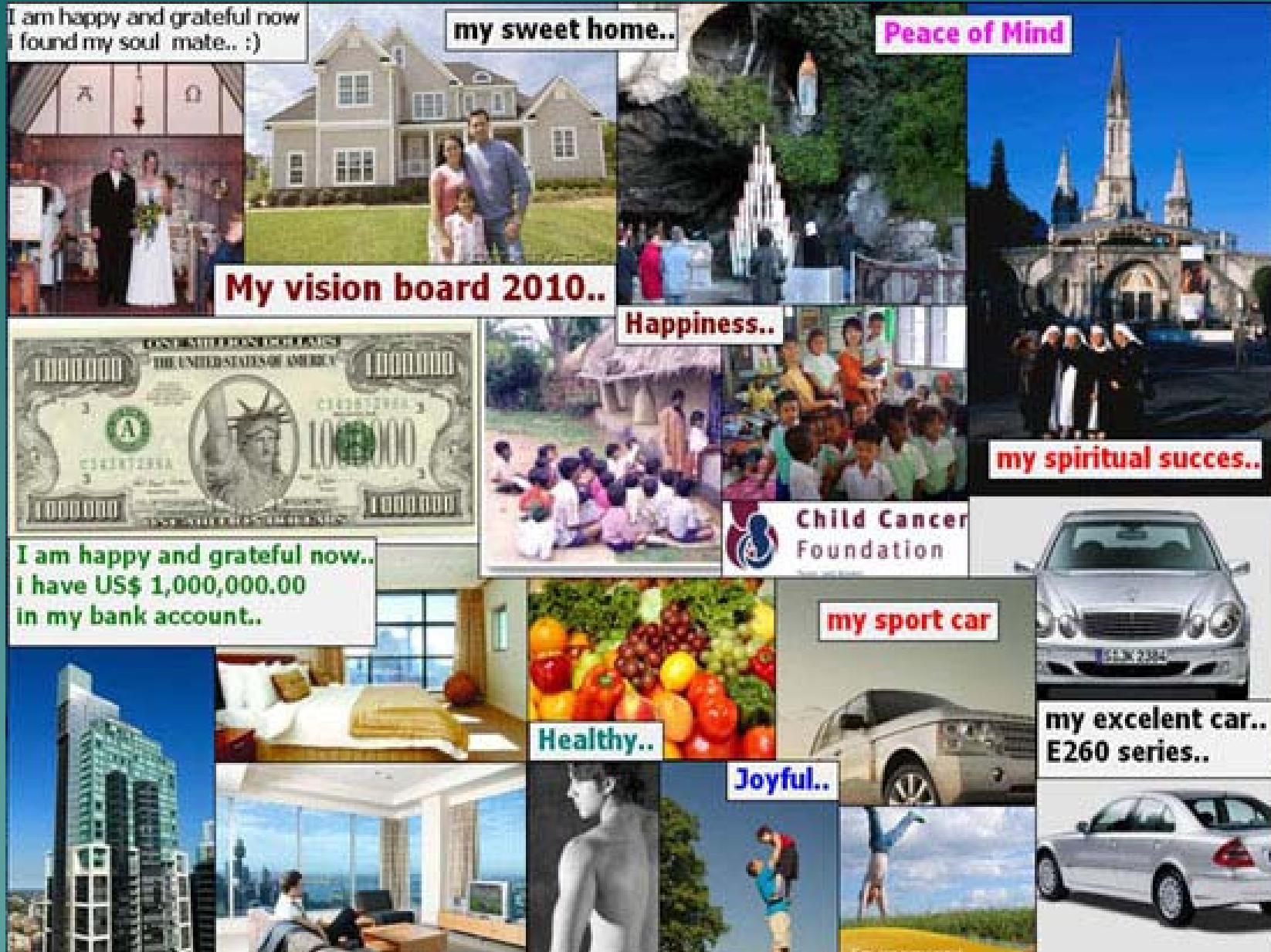
You Make Me Sick,  
I Will Kill You



Love and Appreciation



# Lu: Pp. 145-147. Law of Attraction, etc.



# Karen: p.117-9 – Emotional Intelligence

- ◆ Personal Competence
  - Self-Awareness
  - Self-Regulation
  - Self-Motivation
- ◆ Social Competence
  - Social Awareness
  - Social Skills

# Karen: p. 130-1 – Living in the Gray

- ◆ Capacity to live in the gray zone between black and white is a sign of maturity.
- ◆ Destruction comes from intolerance and inflexibility of immature leaders.

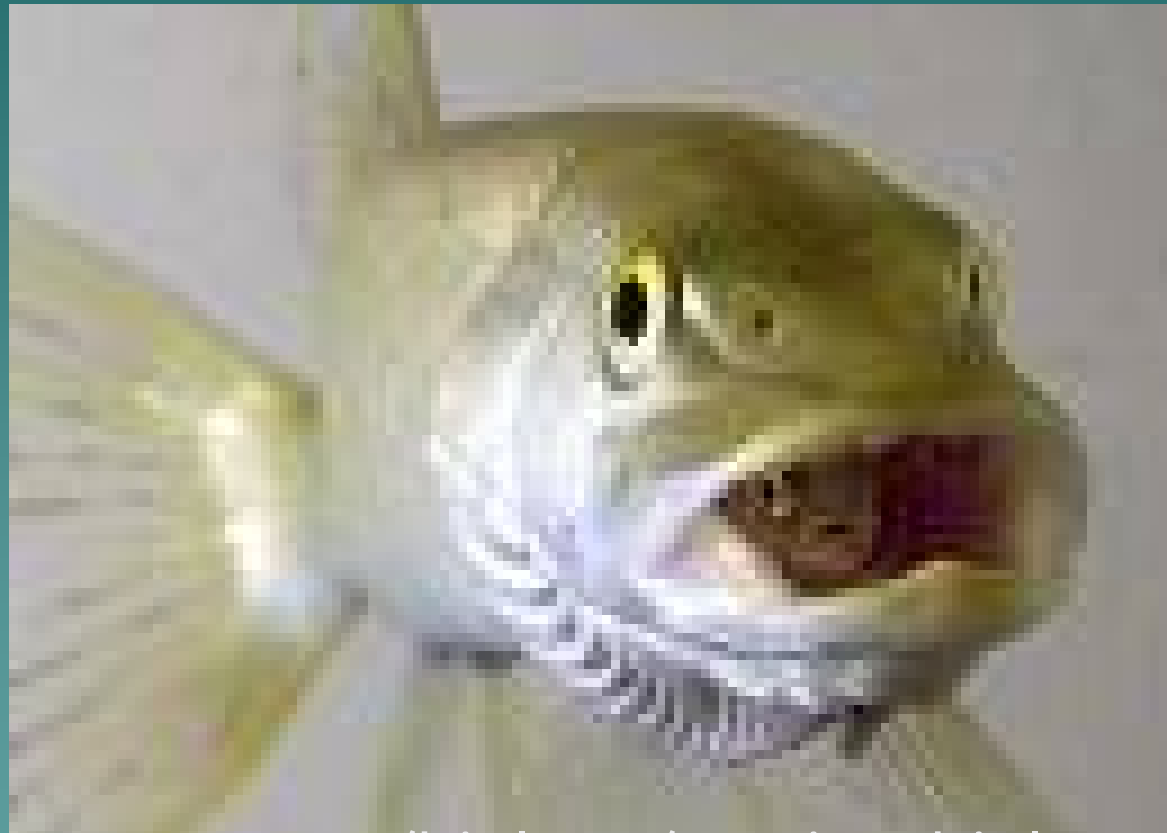
# Margaret: p. 72 Positive Psychology

- ◆ Martin Seligman's daughter: "From when I was 3 until I was 5, I was a whiner. ...If I can stop whining, you can stop being such a grouch."
- ◆ 3 Central Points:
  1. Positive Emotions
  2. Positive Individual Traits, and
  3. Positive Institutions.

# Margaret: p. 205 – Keeping Current

- ◆ Do a Personal Learning Inventory.
- ◆ Busy schedule? Bring reading material.
- ◆ Subscribe to magazines, etc.
- ◆ Spiritual development, workshops, reflect, discussions with others.
- ◆ CD's in your car.

# Marion: p. 81 – Learned Helplessness



◆ <http://sciencera.com/biology/marine-biology/what-is-the-pike-syndrome/>

# Jim Clemmer – quick video

<http://www.jimclemmer.com/free-articles-videos.php>

# Leadership book club

Thanks for participating in our discussion of “Growing @ the Speed of Change” by Jim Clemmer

That concludes our webinar.

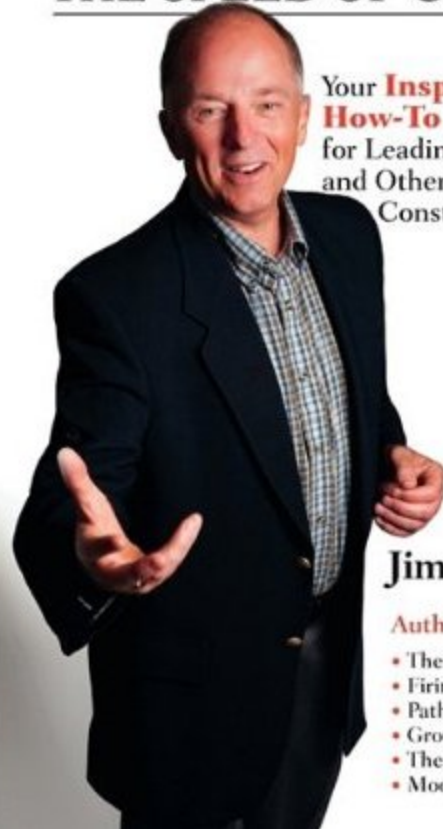
Thanks!

A stylized silhouette of a mountain range in shades of teal, located at the bottom right of the slide.



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