

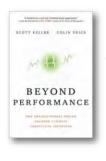
Based on "surveys on the drivers of organizational performance and health from more than 600,000 respondents from 500 organizations across the globe,

surveys on the experience of transformational change from more than 6,800 CEOs and senior executives,

reviews of more than 900 books and articles from academic journals,

...the culmination of one of the most extensive research efforts ever undertaken in this area."





"In a recent survey of CEOs and senior executives, **76 percent** cited leadership development as important,

yet only 7 percent thought their organization was doing it effectively."



# Would you like leaders to....



- Increase employee engagement by up to 8 times?
- Double/triple their motivation to implement a personal development plan?
- Build coaching and leadership skills around natural strengths?
- Make performance appraisals an inspiring event people look forward to?
- Double their rate of improvement from 360 feedback?

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### The Extraordinary Leader Workshop

- 1. How Leaders Make a Difference
- 2. Profound Strengths and Fatal Flaws
- 3. Key Differentiating Leadership Competencies
- 4. Understanding Your 360 Feedback
- 5. Personal Development Planning
- 6. Building on Your Strengths
- 7. Leadership Cross-Training
- Peer Coaching and Workshop Summary



### The Extraordinary Coach Workshops

**One Day Workshop** 



 Skill building for reinforcing/positive and redirecting feedback (courageous conversations)

### Two-Day Workshop

- Both of the above
- + 360 Feedback Assessment and Strengths-Based Personal Development Planning (same process as *The Extraordinary Leader*)



# **Briefing Objectives**



- Show the latest research on coaching and leadership skill development.
- Draw from and overview key elements of The Extraordinary Coach and The Extraordinary Leader development systems.
- Invite you to join the strengthsbased development revolution!





"You cannot build performance on weaknesses. You can build only on strengths.

To focus on weakness is not only **foolish**; it is **irresponsible**.

It is a misuse of a human resource,

what a person cannot do is a limitation and nothing else."

Peter Drucker (1909 – 2005), author of 39 books and hundreds of articles on leadership, management, and organization effectiveness. Widely considered to be the father of "modern management."



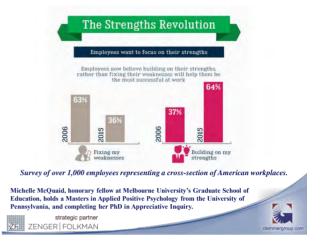




"I do not believe that you should devote overly much effort to correcting your weaknesses.

Rather; ... the highest success in living and the deepest emotional satisfaction comes from building and using your strengths."





### The Strengths Revolution

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- **78% of employees** reporting a meaningful **strengths discussion** with their manager **feel appreciated**.
- 61% are most likely to be leaping out of bed in the morning to get to work.
- When managers focus on employee weaknesses performance declines by 27% versus 36% improvement when focusing on strengths.
- A 1% chance employees won't be engaged in their work when manager focused on their strengths.

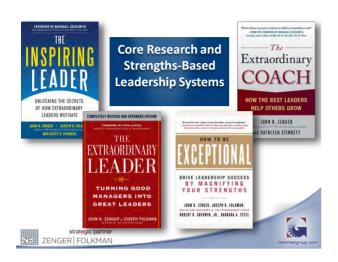
# **Briefing Agenda**



- 1. Six Steps to Developing Extraordinary Coaching Skills
- 2. Elevating Feedback
- 3. Building Coaching and Leadership Strengths
- 4. Critical Components of a <u>Strengths-Based</u> 360 Assessment
- 5. Cross Training: A Revolutionary New Approach to Building Strengths
- 6. Possible Next Steps







### **ZF Founders: Leading with Strength**



John "Jack" Zenger, D.B.A. Co-founder and Chief Executive Officer

- Renowned expert in the field of leadership development
- CEO of **Zenger-Miller**, President of Provant
- Human Resources Development Hall of Fame
- ASTD Lifetime Achievement Award, 2011



### Joseph Folkman, Ph.D. Co-founder and President

- Renowned psychometrician and authority on assessment and change
- Founding partner of Novations Group, Inc.
- Author/co-Author of 7 books and dozens of publications



# Coaching and Leadership Skill Development Breakthroughs



# **Developing Extraordinary Coaching Skills**



"Coaching is the process of **enabling others to act**, of **building on their strengths**. ...



to coach is to **facilitate**, which literally means 'to make easy' – not less demanding, less exciting or less intense, but less discouraging, less bound up with excessive controls. ...

Coaching is face-to-face leadership that pulls together people ...

encourages them to step up to responsibility and continued achievement, and treats them as full-scale partners and contributors."

strategic partner

# **Development Distinctions**

### **Training**

- Trainer possesses skills or information students lack.
- Primary activity is transmission of information.
- Teacher/student relationship is typically temporary and narrow in focus

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### Mentoring

- Senior person conveys wisdom and corporate culture.
- Mentor has traveled the path mentee is seeking.
- Provides connections, references, and advice.

### Coaching

- Coach could be superior, subordinate, or peer.
- Coach does not need same background or experiences.
- Enables others to work through and solve their own problems.



# Our Definition of Coaching

Interactions that help the individual being coached to expand awareness, discover superior solutions, and make and implement better decisions.



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Coaching is a broad skill set that can be used in many applications, including:

- Performance Coaching
- Career Coaching



# **Developing Extraordinary Coaching Skills**



Show the Huge Impact of Coaching Effectiveness



### **Does Coaching Really Make a Difference?**

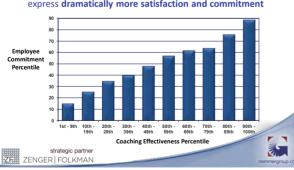


### **Coaching's Impact on Intention to Stay**



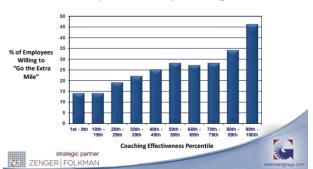
# Coaching Effectiveness and Employee Engagement/Commitment

Employees whose managers are more effective at coaching express dramatically more satisfaction and commitment



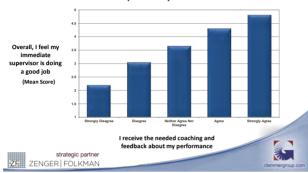
# **Coaching's Impact on Extra Effort**

Employees indicated the extent to which the work environment is a place where they want to "go the extra mile"



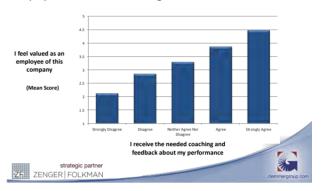
### **Impact of Coaching on Leader Satisfaction**

Employees who receive coaching and feedback rate their leaders much more positively



## **Coaching's Impact on Feeling Valued**

Employees who receive coaching and feedback feel more valued



# **Developing Extraordinary Coaching Skills**

# Use a Coaching Conversation Framework strategic partner ZENGER | FOLKMAN

# **Common Coaching Traps**



# Improvement in Many Disciplines Comes with Structure With Structure Without Structure



## **Process for a Coaching Conversation**



# **Developing Extraordinary Coaching Skills**



# **The Extraordinary Coach Differentiating Competencies**



## **Migrate Learning from Other Disciplines**



- For organizations coaching is a tool
- Not the reason for our existence
- It is the main focus for some professions like:
  - Counseling
  - Social work
  - Psychotherapy
  - Clinical psychology
- Despite obvious differences, is it possible that we could learn from them?



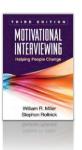
### Instructive Bodies of Research



- Zenger and Folkman, differentiating coaching competencies.
- Recent brain research, David Rock and others.
- Prochaska's Stages of Change model.
- Duncan and Miller (<u>www.talkingcure.com</u>), bringing science to therapy.
- Motivational Interviewing, Miller and Rollnick.



### **Research on Motivational Interviewing**



- Collaboration between the people involved in contrast to contention between those parties.
- The "helper" seeks ideas and insights from the person being helped, in contrast to assuming the posture of educating the patient.
- Maintaining the autonomy of the person being helped (meaning the right and capacity for self-development) in contrast to the helper displaying authority over them.

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# **Practical Lessons for Coaching**



- Focus on topics of importance and interest to the coachee.
- Ask for feedback at the end of formal coaching discussions.
- The value?
  - -Client attrition cut in half
  - Effectiveness improved by 65%

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# Build Coaching Effectiveness Through Skill Development





# Unique Challenges in Coaching Skill Development • Requires significant "unlearning"



- Requires significant "unlearning."
- Many leaders begin with wrong conception of coaching.
- Colored by the role of coaches in athletics:
  - Giving direction from the sideline
- Some elements are accurate (coaches don't touch the ball).
- Others are misleading
  - Giving advice, directing
  - Coach must have greater wisdom and expertise





"A leader who is an adept coach can greatly enhance the organization's success;

one who **dabbles** and doesn't take the process seriously **can cause harm**."

Marshall Goldsmith

Bestselling leadership author and executive coach

Recently recognized as the #1 leadership thinker in the world at the bi-annual Thinkers50 ceremony sponsored by the Harvard Business Review

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**Developing Extraordinary Coaching Skills** 



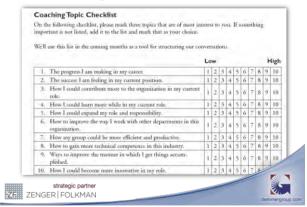
# Empower and Encourage Coachees to Seek Coaching



- Coaching increases when it is requested.
- Coachees can be reminded that this is a two-way street.
- Create opportunities and a process to access coaching:
  - Coaching available to everyone
  - High potential programs
  - Link coaches receiving training with those who want coaching.



### **Choose a Topic the Coachee Cares About**



### **Coaching Resources for Further Information**





### **Harvard Business Review Blog Survey**



- 43% of leaders find giving corrective feedback stressful and difficult.
- 2/3 feel that performance and possibilities for success would have increased substantially with more feedback.
- 94% stated that corrective feedback improves their performance with provided effectively.
- 72% said a leader can be most influential in their career by "Giving corrective feedback and advice when mistakes are made."
- **60% of employees** report they have **not received useful feedback** in past 6 months.

survey respondents

"Feedback: The Powerful Paradox" (white paper)

"Feedback: The Powerful Paradox" (white paper)
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# The Extraordinary Coach Workshops



One Day Workshop

Built around our FUEL process
 Half Day Elevating Feedback Workshop

 Skill building for reinforcing/positive and redirecting feedback (courageous conversations)

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Definition

- Reinforcing Feedback = Motivational feedback that recognizes attitudes and behaviors that are effectively contributing to a goal
- Redirecting Feedback = Corrective feedback that enables a recipient to build competence, motivation, or adjust behavior
  - Includes:
    - Suggestions for doing something that hasn't been done.
    - Ideas about improving the way something is done
    - Recommendations to discontinue something getting in the way

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# What Gets in the Way?

- · What makes receiving feedback so hard?
  - It's personal.
- Emotions can get in the way.
- The relationship between the Giver and Receiver matters.
- We don't always agree with what we hear.
- · What makes giving feedback so hard?
  - People's reactions are hard to predict.
  - The conversation may have negative consequences.
- Reinforcing feedback may send the wrong message (you can now coast or have earned a raise).



# **Fight or Flight**

- The same "fight or flight" wiring that helped us survive in the past is still in our heads today:
  - The amygdala sends a distress signal.
  - The hypothalamus activates the sympathetic nervous system, sending signals to the adrenal glands.
  - Adrenaline is pumped into the bloodstream.
  - The heart beats faster, pushing blood to the muscles, heart, and other vital organs.
  - Airways in the lungs open.
  - Pulse rate and blood pressure goes up.
- The point: The "threat" of feedback can trigger the same response!







# **Elevating Feedback Workshop Process**

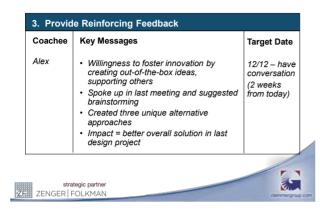


- What gets in the way?
- Eight Emotions and Psychological Needs
- How to Provide Reinforcing Feedback
- Video example and debrief
- Real Play: Practice with a partner

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### **Sample Coaching Development Plan**



# **Elevating Feedback Workshop Process**

- What gets in the way?
- Eight Emotions and Psychological Needs
- How to Provide Reinforcing Feedback
- Video example and debrief
- Real Play: Practice with a partner
- · Redirecting feedback exercise
- How to Provide Redirecting Feedback
- · Using the FUEL model
- Video example and debrief
- · Real Play: practice with a partner
- · Coaching development plan



### When Providing Redirecting Feedback...



- Be courageous
   (Most leaders avoid giving redirecting feedback)
- 2. Follow the FUEL model
- Look for heightened emotions and be prepared to pause the discussion for a later time



# **Redirecting Pitfall**

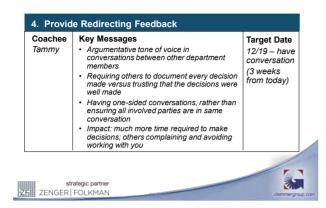


### Don't "sandwich" feedback

- It tends to diminish the impact of the message
- It can train the Receiver to anticipate "the hammer" following any positive message



### **Sample Coaching Development Plan**



### The Extraordinary Coach Workshops

**One Day Workshop** 

• Built around our FUEL process
Half Day Elevating Feedback Workshop

 Skill building for reinforcing/positive and redirecting feedback (courageous conversations)

Two-Day Workshop

- Both of the above
- + 360 Feedback Assessment and Strengths-Based Personal Development Planning (same process as The Extraordinary Leader)

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### **Research and Approaches to Elevate Feedback**









- Most performance reviews focus on fixing weaknesses rather than leveraging strengths.
- Most leadership development is based on closing gaps or addressing "training needs."

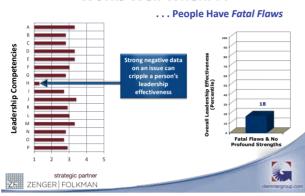
# If Someone is Average at Everything, What is the Effect of Focusing on Lower Scores?



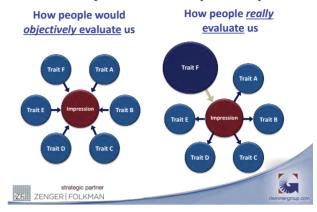
"...the **path to greatness** is really about **building profound strengths**, rather than through relentlessly focusing on one's weaknesses."



# Focusing Development on Weaknesses Works Well When...



## The Reality of Leadership Perceptions



# **How Are You Perceived?**

What is Your "Trait F"?

A profound strength? A Fatal Flaw?

Trait F

Trait D

Trait C

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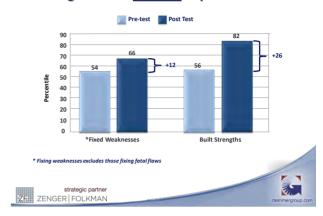


## Our Research Shows Strengths-Based Development is Most Effective

Extraordinary coaches/leaders are distinguished by existence of a few profound strengths, not the absence of



### A Strengths Focus Doubles Improvement Rates





"...their research caused us to rethink our performance management philosophy. We revamped our process to orient it more toward building employees' strengths. The results have been remarkable...

The biggest change has been in the energy people have for the performance management process. It is now something that most employees look forward to.

How many companies can say that?"





### **Research/Resources on Building Strengths**



Coaching and Leadership Skill
Development Breakthroughs

Critical
Components
of a StrengthsBased 360
Assessment

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### **Accuracy in Predicting Leadership Effectiveness**



### **360s and Leadership Development Programs**



- 90% of Fortune 500 organizations use multi-rater feedback (360's) as a central part of their leadership development program.
- They have found that it can have a major impact on awareness and development.
- Leaders gain information and perceptions they would otherwise never get.

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### In Search of Gaps, Needs, and Weaknesses



Many organizations are using a weakness-based approach to development:

- People don't like the process.
- Not much change occurs.
- Losing 70 80% of the training value.
- · Negative and punishing.





# Joe Folkman's History with 360s



- Graduate School Worked with some of his professors who had created one of the first 360 assessments
- Wrote his dissertation on data that he had collected from a 360 that he developed
- Founding partner in an organization that developed hundreds of 360 assessments
- In 2002 he started over...





### Common Problems with 360 Multi-Rater Assessments



### Beyond Our Differentiating Competencies, We Have Researched Over 50 Additional Competencies and related survey items.



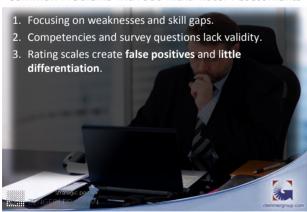
# Measure What Matters to Reduce Complexity/Confusion and Cut Through Overload



### **In Search of Differentiating Competencies**



### Common Problems with 360 Multi-Rater Assessments



### **Typical Agree to Disagree Scale**

"Listens carefully and attentively"

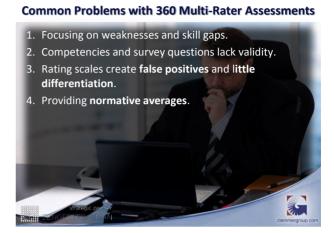
• Respondent – "This person is an OK listener."

• Participant – "I am doing pretty good on listening – I got a 4 out of 5."

• Strategic partner ZEIL ZENGER | FOLKMAN

### **Strengths to Improvement Scale** "Listens carefully and attentively" • Respondent - "This 5 - Outstanding Strength person is an OK listener." 4 - Strength • Participant – "I am 3 - Competent OK." Using this scale the 2 - Needs Some Improvement average response to 1 - Needs Significant Improvement survey items decreased by .75

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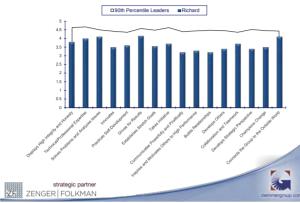


# What's the Message From Richard's Assessment? Discontinuous Assessment Discontinuo

# Aiming for Extraordinary



# How's Richard Doing Now?



### **Common Problems with 360 Multi-Rater Assessments**

Focusing on weaknesses and skill gaps.
 Competencies and survey questions lack validity.
 Rating scales create false positives and little differentiation.
 Providing normative averages.
 Lack of personal connection to employee engagement.

### **Employee Satisfaction/Engagement/Satisfaction**

Employee Commitment Index A leader's direct reports eel confident that this company will achieve its strategic goal. are asked 5 questions that assesses their level of satisfaction, commitment and confidence in the organization. rarely think about quitting my job to go to a different company. These 5 items correlate .80 or higher to the best All in all, I'm satisfied with this validated engagement mpany as a place to work measures in the industry. strategic partner
ZF ZENGER | FOLKMAN

# **Direct Reports Commitment Index**



### **Impact of Leadership Effectiveness**



### **Common Problems with 360 Multi-Rater Assessments**

Focusing on weaknesses and skill gaps.
 Competencies and survey questions lack validity.
 Rating scales create false positives and little differentiation.
 Providing normative averages.
 Lack of personal connection to employee engagement.
 Not all competencies are equal for every leader.

### Importance Ratings

COMPETENCY	Score	Total	Mgr	Peer	Dir Rpt
Inspires and Motivates Others to High Performance	3.00	8	1	4	3
Communicates Powerfully and Prolifically	3.40	6	1	3	2
Collaboration and Teamwork	3,43	5		2	3
Displays High Integrity and Honesty	3.95	4		1	3
Technical/Professional Expertise	4.28	4		1	3
Solves Problems and Analyzes Issues	3.63	4		1	3
Builds Relationships	3.87	4	4	2	1
Champions Change	3.25	4		2	2
Drives for Results	3,78	3		2	1
Takes Initiative	3.97	2	1		1
strategic partner					To the second

"We now have leaders who are intensely focused on learning, teaching, and understanding which competencies are not only valuable, but critical to their performance."



# Focusing on weaknesses and skill gaps. Competencies and survey questions lack validity. Rating scales create false positives and little differentiation. Providing normative averages. Lack of personal connection to employee engagement. Not all competencies are equal for every leader. Written comments reinforce fixing weaknesses.



### Common Problems with 360 Multi-Rater Assessments



# **Traditional Linear Development**



- · Learn the skills.
- Take classes, read books and journals.
- Study or mentor with experts.
- Practice the skills.
- Get coaching and feedback.



### **A Totally New View of Competencies**



- NOT like a coil spring mattress.
- Highly interdependent each statistically linked to a number of others.
- A high score on one lifts many others with it, like a giant tent pole.

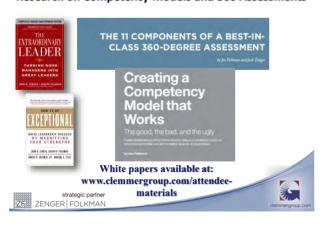


### **Common Problems with 360 Multi-Rater Assessments**

- 1. Focusing on weaknesses and skill gaps.
- 2. Competencies and survey questions lack validity.
- 3. Rating scales create **false positives** and **little differentiation**.
- 4. Providing normative averages.
- 5. Lack of personal connection to employee engagement.
- 6. Not all competencies are equal for every leader.
- 7. Written comments reinforce fixing weaknesses.
- 8. No insights on how to build strengths.
- 9. Too complex or too simple and restricting.



### **Research on Competency Models and 360 Assessments**





"Using the 'cross training' approach; our leaders achieved an across-the-board improvement of close to 15% in their year-over-year employee commitment scores. Not only did our best leaders get better, but our 'average' leaders and even our poorest leaders showed marked improvement in their leadership effectiveness and employee commitment scores.



This improvement was a critical factor in our qualifications for the Malcolm Baldrige award, which our division won."

Dee Thomas, HR Director, Boeing Aerospace Support







LAURIER Inspiring Lives.

Melanie Will, Manager, Learning and Organizational Development "The strengths-based approach to leadership development is very different and contrary to our long conditioning on gap-based learning and development. Once participants let go of irrelevant weaknesses and focus on what matters most, strengthening strengths, the impact is significant.

The biggest difference I have noticed with this program is participants' energy to focus on development planning. When strengths align with passion and organizational need, people are motivated to implement."

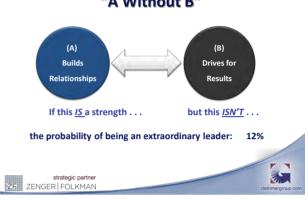




### **Good to Great: Non-Linear Cross Training**



# First Researchers Looked at "A Without B"



## Then Researchers Looked at "B Without A"



### The Power of "A + B" Led to the Notion of "Powerful Combinations"



"...lifting leadership effectiveness from the (somewhat pejorative) realm of 'soft skills' to a plane that equates these competencies with 'harder' disciplines... not only can these skills be learned, but they can have a similar impact on bottom-line results and employee

**Leadership cross-training** is an approach that can have a **powerful impact** on helping good leaders become exceptional ones."



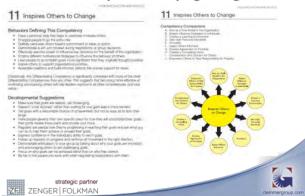
### **Each Competency Has Many Companion Competencies**



### Competency Companions: Cross-Training Ideas for Leaders



### Competency Companion Development Guide: A Roadmap for Developing Strengths





Alan Harrison. Provost and Vice-Principal (Academic). Queen's University

Queen's

"I found The Extraordinary Leader 360 assessment and personal development process very effective.

Its competency companion development quide provides a clear road map for building on one's leadership strengths. It is measurably superior to any 360 methodology I have previously seen. My only regret is that The Extraordinary Leader wasn't available years ago."



# **Possible Next Steps**

- Complimentary consultation with Brad/me to explore how The Extraordinary Leader and/or Extraordinary Coach might be tailored to your organization.
- **Executive briefing or offsite retreat.**
- Customized keynote/workshop blending these approaches.
- Public workshops. ZENGER FOLKMAN

# The Extraordinary Leader Workshop

Toronto - May 5 Calgary - June 3



- 1. How Leaders Make a Difference
- 2. Profound Strengths and Fatal Flaws
- 3. Key Differentiating Leadership Competencies
- 4. Understanding Your 360 Feedback
- 5. Personal Development Planning
- 6. Building on Your Strengths
- 7. Leadership Cross-Training
- 8. Peer Coaching and Workshop Summary

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# The Extraordinary Coach Workshops

One Day Workshop (on own or 1st of two days)

Built around our FUEL process

Toronto - May 25 Calgary - June 4

### **Two-Day Workshop**

- One day as above plus:
  - Half Day Elevating Feedback Workshop Developing Yourself as a Coach
  - 360 Feedback Assessment and Strengths-**Based Personal Development Planning** (same process as Extraordinary Leader)

Toronto - May 26 Calgary - June 5

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